



CAMP FAQs

Who is this for?

This camp was created for children ages 9 through 12 who struggle with OCD, anxiety, and related disorders, who are willing to test their boundaries and overcome their challenges.

When and where is this taking place?

Camp will run from July 8th through July 12th at **612 Main Street, Melrose, MA 02176**. Drop off will be at 8 AM and pickup at 4 PM daily.

What kind of therapy will be implemented?


NECOA clinicians specialize in Exposure and Response Prevention (ERP), Acceptance and Commitment Therapy (ACT), and Cognitive Behavioral Therapy (CBT). Our hands on approach is not only proven to work, but will be a fun way for children to get out of the house, socialize, and learn about themselves.

How much does it cost?*

For new clients the cost is \$2,200. This includes an initial assessment, all activities, group sessions, one-on-one sessions, and providing your child the opportunity to go off and practice what they're learning, all in 5 days - 8 hours a day. Current NECOA clients will receive a discounted rate of \$1,800.

What are first steps?

Contact Katrina Daigle, PhD, via email katrina@newenglandocd.org at or call her at **617-444-9485** for more details, a quick screener, and to schedule your assessment.



*Typical cost for these services outside of camp would range from \$9,000 - \$10,000.